

# TIBETAN BUDDHIST INSTITUTE

# FEBRUARY

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
<b>OUTREACH PROGRAM</b>	<b><u>SALISBURY:</u></b> Meditation - 6.30 to 7.30pm on 7th, 14th, 21st, 28th Teaching on Buddhist Lam Rim Topics - 7.30-8.30pm on second & fourth Thursdays of the month: 14th & 28th Both at Bagster Community House, 17 Bagster Rd, Salisbury North <b><u>LARGS BAY:</u></b> Meditation - Tuesdays 6—7.00pm Discussion on Buddhist Topics—7.15-8.30pm first Tues of the month: 5th 103 Woolnough Rd, Largs Bay (8449 1290)			1	2	3	
	4	5	6	7 Losar (Tibetan New Year) 5.30am Guru Puja	8	9	10
	6.30pm Mindfulness Meditation	6pm Green Tara Practice 6:30pm Discussion group.	7pm Khensur	7pm Celebrations see page 9	7pm Guru Puja	2-3.00pm Meditation for Healing 3.30-4.30pm Medicine Buddha Practice	10am Khensur Rinpoche teachings 11am Chenrezig Practice
	11	12	13	14	15	16	17
	6.30pm Mindfulness Meditation	6pm Green Tara Practice 6:30pm Discussion group.	7pm Khensur Rinpoche teachings			7pm Guru Puja	10am Khensur Rinpoche teachings 11am Chenrezig Practice
18	19	20	21	22	23	24	
6.30pm Mindfulness Meditation	6pm Green Tara Practice 6:30pm Discussion group.	7pm Khensur Rinpoche teachings	5.30am Precepts 6.30am Refuge Day of Miracles 7pm Guru Puja		2-3.30pm Meditation for Healing 3.30-4.30pm Medicine Buddha Practice	10am Khensur Rinpoche teachings 11am Chenrezig Practice	
25	26	27	28	29	<b>OUTREACH PROGRAM</b>		
6.30pm Mindfulness Meditation	6pm Green Tara Practice 6:30pm Discussion group.	7pm Khensur Rinpoche teachings					
						<b><u>PORT ADELAIDE:</u></b> Meditation 9am Sundays Lighthouse Yoga, 91 St Vincents Street, Port Adelaide	

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>OUTREACH PROGRAM</b>	<p><b><u>SALISBURY:</u></b> Meditation - 6.30 to 7.30pm on 6th, 13th, 20th, 27th                      Teaching on Buddhist Lam Rim Topics - 7.30-8.30pm on 13th,27th                      Both at Bagster Community House, 17 Bagster Rd, Salisbury North</p> <p><b><u>LARGS BAY:</u></b> Meditation - Tuesdays 6—7.00pm                      Discussion on Buddhist Topics—7.15-8.30pm first Tues of the month: 4th                      103 Woolnough Rd, Largs Bay (8449 1290)</p>				31	1 <b>10am—4pm Calm Abiding Meditation Day with Judy McDonald</b>	2 <b>10am Khensur Rinpoche teachings</b> 11am Chenrezig Practice 7pm Guru Puja
	3  6.30pm Mindfulness Meditation	4  6pm Green Tara Practice 6:30pm Discussion group.	5  <b>7pm Khensur Rinpoche teachings</b>	6	7	8  2-3.00pm Meditation for Healing 3.30-4.30pm Medicine Buddha Practice	9 <b>10am Khensur Rinpoche teachings</b> 11am Chenrezig Practice
	10  6.30pm Mindfulness Meditation	11  6pm Green Tara Practice 6:30pm Discussion group.	12  <b>7pm Khensur Rinpoche teachings</b>	13	14		16 <b>10am Khensur Rinpoche teachings</b> 11am Chenrezig Practice 7pm Guru Puja
	17  6.30pm Mindfulness Meditation	18  6pm Green Tara Practice 6:30pm Discussion group.	19  <b>7pm Khensur Rinpoche teachings</b>	20	21 Precept Day	22	23
	<p><b>CHENREZIG Non Residential RETREAT with Khensur Rinpoche</b>  <i>The Great Compassionate One with Eleven Faces Initiation 21st March</i></p>						
24 Public Holiday	25  6pm Green Tara Practice 6:30pm Discussion group.	26  <b>7pm Khensur Rinpoche teachings</b>	27  <b>OUTREACH PROGRAM</b>	28  <b><u>PORT ADELAIDE :</u></b> Meditation—9am Sundays Lighthouse Yoga, 91 St Vincents Street, Port Adelaide	29  <b>PUBLIC TALK with Khensur Rinpoche</b> 3pm	30	